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Care to Cure
Dr. Jean's Homoeopathic Clinic

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29th March 2020

HOMOEOPATHY IN THE TREATMENT OF COVID-19 INFECTION

Homeopathy works based on symptoms collection. Any diseases that have the expression of symptoms, general or characteristic to a person, will help us to reach the remedy. In epidemic and pandemic there is a collection of common symptoms and this will help us to reach the remedy for that disease and the same remedy will be acting as a preventive remedy for that disease in healthy individual.

Covid-19 is a new strain of Corona virus; it is giving a particular collection of symptoms for majority of people and few extra groups of symptoms for a small percentage of people which is giving the complication that eventually leading to death.

General collection of symptoms: throat irritation, cough, breathing difficulties, fatigue, fever, abdominal discomfort, diarrhea, loss of smell, body aches, headache.

Complication symptoms: pneumonia, lung failure, heart function variations, multiple organ failure.

If we watch the disease carefully the death is happening due to pneumonia or extra mucus collection in the lung that is leading to the lung failure and multiple organ failure.

In homeopathy, pneumonia and lung failure leading to death, there is only one medicine Antimonium tartaricum. There are other homoeopathic medicines for the end stage of diseases, like Carbo veg death is coming due to septic condition of blood, Arsenicum album general weakness or paralysis of nerve in a general way causes the death, Opium it is the brain and cerebro spinal system collapse causes the death, Camphor again it's the cerebro spinal nervous system disfunction due to electrolyte imbalance is the cause of death. But pneumonia and lung failure leading to death is Antimonium tartaricum.***And if we go in detail for Antim tart medicine we will see it acts mainly the weak infants or old people. And in covid-19 we see the maximum complication is coming to the aged people.*** This by itself is the explanation for this medicine.

Dr. J.T Kent says it acts "in catarrhal patients, in broken down constitution, in feeble children, in old people." "Catarrhal condition of trachea and bronchial tubes. Our ears being opened we hear coarse rattling and bubbling in the chest. If you have ever been in a room of dying you have heard what is called the death rattle." "The condition is the one in which chest is steadily filling up with mucus, and first he may be able to throw it out, but finally he is suffocating from the filling up of mucus and inability of the chest and lungs to throw it out. It is paralytic condition of the lungs." Again he clarifies in the second para of Antimonium tartaricum "His chest is full of mucus, he is suffering and he is really passing away, dying from the carbolic acid poisoning due to lack of expulsive power." "It is the remedy which closes out the scene with the sever case of bronchitis, pneumonia; most of the cases die in an Atimonium tart state."

Dr. M.L Tyler says "In the hands of homeopaths antimonium tartaricum is a very precious and indispensable remedy and has saved innumerable lives; the lives of infants and smallchildren especially dying of bronchitis and broncho pneumonia, cyanosed and almost moribund, and at the

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other end of life, of old people with chest full of rattles and wheeze, with the lungs filling up, and no power to raise the phlegm."

Dr Farrington points out "Antim tart is indicated in the affection of old people and particularly in orthopnoea, or threatening paralysis of the lungs in the aged." "Antim tart produces a perfect picture of pleuro-pneumonia. Portion of the lung are paralysed. Fine rales are heard, even over the hepatized portions. Great oppression breathing."

Dr Nash explains "Great accumulation of mucus in air passages, with coarse rattling and inability to expectorate; impending paralysis of lungs." "No matter what the name of the trouble, whether it be bronchitis, pneumonia, whooping cough or asthma, if there is great accumulation of mucus with coarse rattling, or filling up with it, but at the same time, there seems to be inability to raise it Antim tart is the first remedy to be thought of. This is true in all ages and constitutions, but particularly so in children and old people."

These are the few lines from the books of great homeopathic physicians. In many homeopathic Materia medica books we can see symptoms explanation for Antim tart. There are many medicines for pneumonia, but pneumonia leading to death especially weak and aged people, there is only one medicine that is Antimonium tartaricum.

From this we can conclude, in the complication stage of Covid-19infection the best similimum medicine is Antimonium tartaricum.

Dr Kent says "But the first stage does not indicate Antim tart such medicines Bryonia and Ipecac comes for the first period.....where there is lack of ability to reactsufficiently from your remedy to recovery under it. Then comes a second remedy that is the time when this (Antim tart) medicine begin its operation."

And if we compare the acute acting medicines for the first stage of Covid-19 infection, Bryonia alba is the most similimum medicine.

Dr. Kent explains in Bryonia alba "we find it is a most persistent remedy. Its complaints develop slowly i.e. slowly for acute condition." This explains the longer incubation period of Covid-19 infection. Once the viral attack happens it takes days for the progress of the disease and symptoms to come out.

In Bryonia after the attack after few days the aches and pains pick up all over the body or even before the pains there is an aversion to motion; person wants to rest. He gets up with headaches or heaviness of head and later picks the cough and fever. Sometimes loss of smell and taste also accompany. This is the same way Covid-19 infection is presenting. *The delay in expressing the symptoms, and the symptoms similarity strongly pointing Bryonia alba in first stage of Covid-19 infection.*

Dr M.L Tyler says in Bryonia "If the case is treated early one seems again and again that it is possible to abort pneumonia." "Bryonia especially selects serous membrane to irritate, and therefore in fine dosageto stimulate and to heal. It has a tremendous effect on pleura and lung."

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Dr Hahnemann had advised, in pandemic and in epidemic if a single remedy can cure the maximum cases, then that remedy will be working as a preventive for the same disease in the same period of time in healthy individuals. So Bryonia is the choice of remedy to work as a preventive for Covid-19 infection.

Dr Farrington says "Antim tart is indicated in the affections of old people and particularly in orthopnoea or threatening paralysis of the lungs in the aged. You hear loud rattling of phlegm in the chest yet patient cannot get up the phlegm. Here Baryta carb is complimentary and may suffice when the other only partly relieves."

Dr C Herring says Baryta carb covers "suffocative catarrh of old people with impending paralysis of the lungs. WM. H Burt says Baryta carb "acts well on disease of old people especially paralysis." It clears the atony of the lymphatic system.

From this it is clear that in some cases the support of Baryta carb is needed to clear the pathology especially in aged people.

Dr Hahnemann says epidemic diseases are the expression of PSORA there is a need of antipsoric for the full restoration of health. In Psoric infections Sulphur is the choice of medicine to end the treatment; it is advisable to go for one dose of **Sulphur** at the end of the treatment.

By this we can conclude the treatment plan forCovid-19 infection homoeopathic way as:

PREVENTIVE FOR COVID-19 INFECTION

BRYONIA ALBA 30 (30SIZE PILLS)

4PILLS TWICE DAILY FOR 5 DAYS

TREATMENT FOR STAGE 1 COVID-19 INFECTION (WITH OUT COMPLICATION)

BRYONIA ALBA 30 (30 SIZE PILLS)

4PILLS 4 TIMES DAILY FOR 5-7 DAYS

TREATMENT FOR STAGE 2 COVID-19 INFECTION (WITH PNEUMONIA COMPLICATION)

(CHANGE THE MEDICINE FROM BRYONIA TO ANTIMONIUM TARTARICUM)

(OR IF THE TRAETMENT IS STARTING IN THIS STAGE DIRECT START GIVING ANTIMONIUM TARTARICUM)

ANTIMONIUM TARTARICUM 30 (30 SIZE PILLS)

4 PILLS 3 HRLY FOR 3 DAYS

4TH DAY ONWARDS - 4PILLS 4 TIMES DAILY FOR 5-7 DAYS.

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IN THE 2ND STAGE OF INFECTION AFTER TRAETING WITH ANTIMONIUM TARTARICUM FOR 3-5 DAYS THE RECOVERY IS NOT HAPPENING IN A STEADY WAY OR A STAND STILLIS HAPPENING IN THE RECOVERY

BARYTA CARB 30

4PILLS 5 TIMES DAILY FOR 3- 5 DAYS

AFTER THE SYMPTOMS CLEARS AND THE SICK FEELING IS REMAING IN THE BODY

SULPHUR 200 SINGLE DOSE (4 PILLS/ 1DROP IN SUGAR OF MILK POWDER/ 1DROP IN QUARTER GLASS OF WATER)

[FOR DIABETIC PATIENTS IF THEIR BLOOD GLUCOSE LEVEL IS HIGH INSTEAD OF GLOBULES, MEDICATE THE MEDICINE IN SUGAR OF MILK PLAIN 2 GRAIN TABLETS. IN DOSAGE REPLACE 4 PILLS WITH 1 TABLET OF 2 GRAIN.

EG; 4 PILLS 4 TIMES WIIL BE CHANGED TO 1 TABLET 4 TIMES DAILY]

IMPORTANT NOTE; HOMEOPATHY STARTS WORKING FROM THE STIMULATION OF NERVES IN THE MOUTH, SO THE TABLETS SHOULD BE CHEWED AND TAKEN, NOT GULPING WITH WATER.

[FOR THE PATIENTS, DROWSY OR BY ANY OTHER REASON CANT TAKE PILLS OR TABLETS CAN BE GIVEN ONE DROP MEDICINE DIRECT ON THE TONGUE.

EG; 4PILLS 4 TIMES DAILY WILL BE CHANGED TO 1DROP 4 TIMES DAILY]

This is the classical way of treatment in homoeopathy. Homoeopathy may not be practiced across the globe and as COVID-19 is a pandemic, I recommend a simplified mode of treatment so that it reaches every corner of the globe and any medical practitioner will be able to administer this medicine to the COVID-19 patients.

Homeopathy works in combinations too as we see in many patent medicines in homoeopathy. But all the medicines we can not put in combination as the interaction should not be there with the medicines. There is no counter action between Bryonia and Antim tart, but there is an antidotal action in Antim tart towards Baryta carb.

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Recommended line of treatment:

1. BRYIONIA ALBA 30 + ANTIMONIUM TARTARICUM 30

DOSE: 4 PILLS /1 TABLET/ 1DROP 4 TIMES DAILY FOR 5- 7 DAYS (STAGE 1 CASES)

4PILLS / 1TABLET / 1 DROP 6 -8 TIMES DAILY FOR 5- 7 DAYS (STAGE 2 CASES)

[For those patients whose recovery is on stand still post 5days of above medication, it is recommended to replace 1st medicine with 2nd medicine]

2. BARYTA CARB 30

DOSE: 4 PILLS / 1 TABLET / 1 DROP 5 TIMES DAILY FOR 3-5 DAYS (STAGE 2 CASES, IF NEEDED)

[4PILLS – 4 numbers of 30 SIZE SUGAR GLOBULES medicated with corresponding medicine.

1 TABLET – 1 number of 2 grain sugar of milk tablet medicated with corresponding medicine.

1 DROP – 1 drop of direct medicine.]

PHYSIOLOGICAL ACTION OF EACH MEDICINES

BRYONIA ALBA; elevation of circulation, correction of secretion of mucus membrane, clearing the effusion and inflammation of serous membrane .

ANTIMONIUM TARTARICUM; clearing the motor and sensory paralysis of the nerves, and regaining the loss of reflex action of muscles, especially the respiratory muscles. Reduce the production of mucus in the mucus membrane.

BARYTA CARB; clearing the atony and hypertrophy of lymphatic glandular system.

SULPHUR; through the vegetative nervous system Sulphur acts upon every organ and tissue in the body. It clears venous capillary congestion, exudation and suppuration. It clears the portal congestion. Modulate the lymphatic secretion and removes its acridity. Clear serous effusion and exudative inflammation. Regulate mucus membrane secretion and removes its acridity. Clear the defective assimilation of sympathetic nervous system. Improves blood circulation.

SYMPTOMS OF BRYONIA ALBA WHICH COVERS STAGE1 OF COVID-19 INFECTION

-Slow in onset of symptoms

-Aching in every muscle <movement, >rest

-Great weakness and prostration

-much sleepiness during the day

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MIND

-Irritable

-Wants to go home

HEAD

-Bursting headache < motion, stooping, movement of eyes

-Frontal headaches, headaches get seated in occiput.

MOUTH

-Dryness of mouth, tongue and throat

-thirst increased for large quantities of water

-lip dry black swollen and cracked

-bitterness of the mouth and loss of taste

RESPIRATORYORGANS

-Loss of smell

-Sneezing

-coryza with headache

-Dryness in the throat with throat pain

-Back of throat seems swollen

-Tough mucus in the larynx and trachea loosened only after much hawking

-Dry cough with sticking pain under the sternum; was obliged to hold the chest with hand while coughing

-cough < eating, drinking

-constriction of chest

-Frequent desire to take full inspiration, which however, cannot be done in consequence of a feeling as if there was something should expand but would not

-Pain in the chest in deep inspiration

-Sensation of heaviness beneath the sternum, extending towards the right shoulder, impending respiration, oppression of right side of the chest.

-Croupous and pleuro-pneumonia

-Sputum brick colored jelly type

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-Right sided pneumonia

- < every movement

- > Rest, lying on affected side

GASTRO INTESTINAL SYSTEM

-Loss of taste or bitterness of mouth

-Pressure in the stomach after eating

-Nausea and faintness when rising up

-Vomiting of bile and then food < after eating

-Pain in the hepatic region

-Stool – alternate diarrhoea and constipation, diarrhoea bilious acrid; like dirty water with undigested food or copious pasty evacuation.diarrhoea preceded by cutting pain in the abdomen.

FEVER

-Pulse full hard tense and quick

-Chill with external coldness and dry cough

-Internal heat

-Easily profuse perspiration

SYMPTOMS OF ANTIMONIUM TARTARICUM WHICH COVERS 2ND STAGE OF COVID-19 INFECTION

MIND

-Anxious, apprehensive, restless

-Bad humor

-Dreads being left alone

-Stupefying confusion of head with sleepiness

HEAD

-Headache as from a band, scalp sensitive

-Tensive headache in forehead with inclination to close the eye

-Trembling of the head especially when coughing

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EYE

-Inclination to close as if weary

-Eyeballs pain as if bruised

MOUTH

-Tongue coated thick white with red edges; red and dry especially center brown

FACE

-Cold blue pale; covered with cold sweat

RESPIRATORY ORGANS

-Sneezing, coryza chillness in nose

-Loss of taste and smell

-Sensation of soreness in the posterior part of palate when not swallowing

-much mucus in the throat with short breathing

-Catarrhal croup of adults

-Bronchiectasis and senile catarrh

-Great rattling of mucus but very little is expectorated

-Oedema of the lungs, broncho-pneumonia

-Impending paralysis of lung

-Rapid short difficult breathing as if he would suffocate; must sit up

-Cough with pain in the chest and larynx

-Dizziness with cough

-Cough exited by eating

-Dyspnoea relieved by eructation

-Dyspnoea < 3am > lying on right side

HEART

-Much palpitation with uncomfortable hot feeling in chest

-Pulse rapid weak trembling

-Great precordial anxiety with vomiting of mucus and bile

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GASTRO INTESTINAL SYSTEM

-Nausea causes great anxiety

-Vomits with great effort, < after food.

-Vomits in any position except lying on right side

-Stomach feeling as overloaded, liver area sensitive to touch

-Cramps and pressure in stomach

-Stool – yellowish brown, thin ,bilious,mucus, liquid greenish with heat in anus , with cadaverous smell, desire for stool ineffectual

FEVER

-Pulse strong throbbing with fever, often slow and imperceptible during decline of fever.

-pulse extraordinarily accelerated from the slightest motion

-External coldness predominates with trembling and shaking as if water pours over and sleepy

GENERAL

-Violent lumbosacral pain

-Trembling of hands

-Great restlessness tosses with anxiety

-Prostration and collapse

SYMPTOMS OF BARYTA CARB COVERING COVID-19 2nd STAGE OF INFECTION

MIND

-Great mental and bodily weakness

-Sadness, dejection of spirit

-Senile dementia

-Grief over trifles

HEAD

-Vertigo

-Confusion

FACE

-Pale, puffed, upper lip swollen

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MOUTH

-Mouth filled with inflamed vesicle

- Paralysis of tongue

-Dribbling of saliva at dawn

THROAT

-Suppuration of tonsils

-Smarting throat pain < empty swallowing

-Feeling plug in the pharynx

-Can only swallow liquid

-Spasm of oesophagus as soon as food enters oesophagus, causes gagging and chocking

RESPIRATORY SYSTEM

-Sneezing causes concussive pain in the brain

-Voice imperfect, aphonia from tough mucus in fauces and larynx in old people

-Larynx feels as if smoke had inhaled

-Stiches in the chest < inspiration

-Suffocative spasmodic cough < evening until midnight, lying on left side, active motion, ascending or stooping, in cold air, eating

-Suffocative catarrh of old people, with impending paralysis of lung.

HEART

-Palpitation with great anxiety in the chest

-Blood pressure much increased, contraction of blood vessels

GASTRO INTESTINAL SYSTEM

-Water brash, hiccough, eructation

-Hungry, but refuses food

- Gastric weakness, epigastric tenderness

-Sudden irresistible urge to stool, loose stool; passage of blood with distension of abdomen

-Soreness of anus

-Constipation, hard knotty stool with oozing of anus

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FEVER

-Chill predominates > external heat

-Chill alternate with heat

-Anxious debilitating sweat

REFERENCES

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