

MAY NEWSLETTER

Issue 5, 2024



Find the newsletter in pdf form [here](#)



Dear Members,

Thank you to all those who were able to join us for our annual ECH weekend, both in-person and online. It was a fantastic weekend where great progress was made towards achieving our goal: full integration of homeopathy within the European healthcare system.

In this month's newsletter, we bring you:

- Remembering Dr. Andrea Radnai: 1968-2024
- ECH Spring Meeting: Our efforts to future-proof homeopathy
- Call for candidates for ECH Council
- AMR in turkeys
- Patients' and Doctors' satisfaction with homeopathic treatment
- Dr Peithner Prize for research in homeopathy
- Homeopathie: une autre voie
- Homeopathy is not placebo effect: proof of scientific evidence
- HRI Conference June 2025
- Important dates for your diaries

Best wishes,

ECH PR & Communications Group 

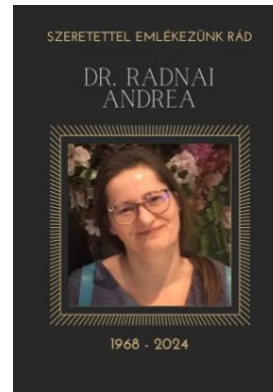


Most people can only judge of things by the experiences of ordinary life, but phenomena outside the scope of this are really quite numerous. How insecure it is to investigate principles using only the light of common knowledge . . .

Shen Gua (1031–1095), Chinese polymath, scientist and statesman of the Song Dynasty



DR ANDREA RADNAI, 1968-2024



We pay tribute to ECH member, Dr Andrea Radnai, who passed away on 12 March, following a short illness. She was President of the Hungarian Homeopathic Medical Association between 2016 and 2020. The text below is adapted from the website of the Hungarian Association, Magyar Homeopata Orvosi Egyesület.

Dr Radnai graduated from the Faculty of General Medicine at the Szent-Györgyi Albert University of Medicine in Szeged in 1994 and passed her specialist examination in family medicine in 2009. She held a post-graduate degree in Health Management from Semmelweis University, a Master's degree in Environmental Health, Epidemiology and Policy from the University of London, and a Master's degree in Public Administration from the Institute of Public Administration.

After graduating in medicine, Andrea taught public health at university and was involved in the development and implementation of environmental health and public health programmes at the National Institute of Environmental Health and the Ministry of Health. At the National Veterinary Office, she was responsible for European integration and management of development programmes. At the National Health Insurance Fund, she worked on the inclusion and pricing of medicines in the social security system, and later as a manager in charge of regulatory relations and price training in the pharmaceutical industry. In recent years, she worked as a health expert and consultant in epidemiology, health economic analysis, benchmarking and financing.

She began training in various CAM therapies and gained a licence in Traditional Chinese Medicine. She was then introduced to homeopathy, passing the licensing exam in homeopathy at the University of Pécs in 2014 and obtaining the ECH European Diploma in Homeopathy.

As President of MHOE, Andrea recognised the challenges of the times and modernised and streamlined the Association's operations, opening up the organisation and expanding the membership. She took up the baton at a time when homeopathy was under increasing attack. She cautioned against getting emotionally involved in media battles from which we might emerge as losers or discredited because of the complexity of the subject. In numerous interviews, she advocated for homeopathy against sceptical opponents, and her extensive knowledge of the literature and her scientifically sound position made even the most orthodox anti-homeopathic sceptics pause for thought.

It was very important to her that the real results of scientific research into homeopathy should be known as facts by as many colleagues and as many users as possible. She worked persistently, accurately and effectively, all the while remaining modest and in the background.

Andrea recognised that wider recognition of homeopathy is not possible without understanding the scientific evidence behind the treatment, developing the methodology and expanding it to more specialties. Her background as a researcher and her experience in public health provided the basis for her work in summarising and promoting the scientific evidence for homeopathy as fully as possible. She regularly published scientific papers on the Association's website and gave scientific presentations promoting homeopathy at numerous conferences.

She was convinced that homeopathy could be integrated into medical practice on an evidence-based basis and could provide a solution to many health problems such as antimicrobial resistance or reducing the side effects of oncological treatments.

Andrea was committed to professional dialogue between naturopaths and physicians, participating in the preparation of the Hungarian Association of Integrative Medicine, founded in 2019, and actively working as its Vice-President until her untimely death.

Throughout her life, she followed Hahnemann's guidance: Aude sapere - Dare to know!"

Translated with www.DeepL.com

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ECH SPRING MEETING, BERGAMO, 25-27 April ***Future-proofing homeopathy***

We welcomed over 70 members (plus a further large number online) to a very happy and productive weekend in the lovely Italian city of Bergamo. Particular highlights were the presentation by Professor Paolo Bellavite and the initial meeting of the NextGeneration4Homeopathy network, which has now been established as our latest Working Group. All the Subcommittees and Working Groups enjoyed having time to get together and discuss their work. We must make especial mention of the Agrohomeopathy Working Group which attracted well over 400 physical and online participants from a wide range of professions and from every continent across the globe. There will be a fuller report of their meeting in our June newsletter. And we will not forget the dinner where our President and his wife demonstrated their dancing skills, accompanied by the wonderful singing of Gena Stoykova – previously hidden talents which were very much appreciated by all present!



On our guided tour of Bergamo, waiting for the funicular to the Citta Alta

Cristal Skaling-Klopstock, Dora Pachova, Paolo Bellavite, Sara Faggin, Jean Pierre Jansen



Mr and Mrs Twinkletoes !



CALL FOR CANDIDATES FOR ECH COUNCIL

Would you like to work for homeopathy in Europe? Do you want to be in touch with homeopathic colleagues all over Europe? Do you have ideas about how homeopathy in Europe could move forward? Do you have special skills, expertise or energy that you are able to make available for ECH? You could be a member of the ECH Council team!

Members of Council are elected by the General Assembly for a period of 4 years, which is renewable. All members of the ECH can be nominated to become Council members. Jean Pierre Jansen (President), Natalia Tzima (Vice-President), Dora Pachova (SC Education) and Ileana Rindasu (WG Agrohhomeopathy) will come to the end of their mandate in November 2024. They are likely to stand for re-election. However, Jean Pierre and Natalia would like to stand down as SC Coordinators of Provings and Politics respectively, leaving more time to devote to their work as President and Vice-President. SCs Documentation and Research and WG Agrohhomeopathy already have Joint Coordinators and this has proved a very effective means of sharing the work. We would like to extend this to other SCs and WGs.

You are invited to put forward your candidacy. Please consider carefully whether you have the skills and expertise for any of the above, or any other, roles. The elections will take place at the online General Assembly on 16 November 2024. There are six Council meetings per year and these are held on Zoom, apart from once a year when we have our ECH Spring or Autumn meeting. Feel free to contact a Council member for further information.

Applications should include a motivation letter, a short CV and a letter from the President of your Association, if appropriate, endorsing your candidacy. The deadline for applications is 15 September 2024 and they should be sent to – generalsecretary@homeopathyeurope.org

Dare to have your say about homeopathy in Europe!



AMR IN TURKEYS



Congratulations to the team below whose work on homeopathy for AMR in Turkey has just been published.

Assessing the Feasibility of a Two-Cohort Design to Assess the Potential of Homeopathic Medicinal Products to Reduce Antimicrobial Resistance in Turkey (The HOMAMR Project)-Study Protocol

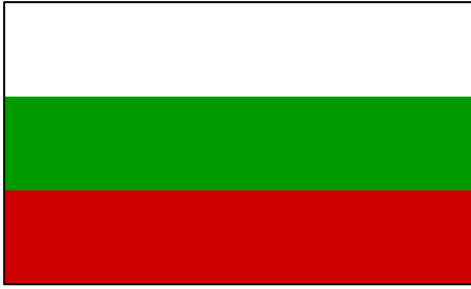
Baur-Bernhardt S, Käsbohrer A, Doherr MG, Meemken D, Sonnenschein-Swanson L, Stetina BU, Sommer MA, Weiermayer P.

Homeopathy 2024 Apr 4

PMID: 38574753 DOI: 10.1055/s-0044-1781448.

Epub ahead of print – <https://pubmed.ncbi.nlm.nih.gov/38574753/>





PATIENTS' AND DOCTORS' SATISFACTION WITH HOMEOPATHIC TREATMENT

A historic collaboration between Bulgarian associations of doctors, producers and importers has resulted in publication by one of the country's biggest national newspapers of an issue dedicated to Homeopathy Awareness Week.

<https://www.24zdrave.bg/Media/2024/04/12/865d3a86-549c-4426-a528-188b27257c64.pdf>

The study, commissioned by Boiron and presented at the International Scientific Congress of Applied Sports Sciences, aimed to improve the quality and organisation of homeopathic treatment,

A direct individual questionnaire on paper, filled in anonymously, was used to investigate patients' and doctors' attitudes and satisfaction with homeopathy. 527 doctors and 547 patients responded. The study (2015-2019) was undertaken by the National Center for Public Health and Analysis (NCPHA) under the guidance of Associate Professor Iliana Yaneva, MD. Results showed that 97.4% of doctors share the opinion that, *conventional and unconventional methods of treatment should complement each other*. Long-term amelioration is affirmed by 60.5% of patients and 26.7% felt completely cured. The data analysed show very high satisfaction in patients and a good quality of homeopathic care in the country.

https://www.researchgate.net/publication/365961616_A_BULGARIAN_STUDY_ON_PATIENTS'_AND_DOCTORS'_SATISFACTION_WITH_THE_HOMEOPATHIC_METHOD_OF_TREATMENT

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DR PEITHNER PRIZE FOR RESEARCH IN HOMEOPATHY

And many congratulations also to Drs Katharina Gaertner, Klaus von Ammon, Philippa Fibert, Michael Frass, Martin Frei-Erb, Christien Klein-Laansma, Susanne Ulbrich-Zuerni and Petra Weiermayer, who have recently been awarded the Dr Peithner Prize for outstanding research in homeopathy. The award is organised by Österreichische Gesellschaft Homöopathische Medizin (OGHM) and Schwabe Austria.

The prize was given for two guidelines on the integration of specific aspects of homeopathy into research standards in conventional medicine. These guidelines are intended to help improve the quality of homeopathy studies and make their results internationally comparable.

The prize is awarded by the local company Schwabe Austria. The award ceremony took place as part of the spring festival of the Austrian Society for Homeopathic Medicine (ÖGHM) and the prize-winners were introduced by Society President, Dr Rosemarie Brunnthaler-Tscherteu. Dr Fritz Gamerith, Managing Director of Schwabe Austria, expressed his delight at the submissions and emphasised the importance of promoting scientific research in homeopathy:

Homeopathy is accused of not being scientific and not being proven by good studies, as there is no high-quality research on this form of therapy. However, the critics overlook the fact that there are serious researchers who are working very hard to conduct high-quality studies on homeopathy. This is a major challenge, especially in homeopathic medicine, as it is a highly individualised medicine.

It is precisely this individualised drug strategy in homeopathy that is difficult to reproduce with the gold standard of conventional medicine: the randomised controlled trial. This is because in such experimental studies, a single specific active ingredient is tested on a group of test subjects that is as uniform as possible for a specific complaint. The prizewinners addressed precisely this issue and used their guideline to highlight the possibilities of closing the gap between individual therapeutic strategy and standardised study design. *The team of authors has invested a lot of work in developing generally applicable research standards for individualised homeopathy. With the submitted guidelines, they have taken a remarkable scientific step that should definitely be recognised,* said Dr Gamerith.

Dr Petra Weiermayer presented the two award-winning guidelines, which deal with the planning, conduct and reporting of studies in homeopathy. She emphasised the need for uniform quality standards and the integration of homeopathy specifics into conventional research methodology. This is the only way to improve the quality of studies in homeopathy and make their results internationally comparable. *This guideline project is about compliance with scientific standards and consequently about the unassailability of study results and thus ensuring international comparability,* explained Dr Weiermayer. *On the one hand, we want to provide an overview of guidelines that should be considered when planning, conducting and reporting observational studies in veterinary homeopathy. On the other hand, the aim is to ensure quality standards for randomised controlled trials (RCTs).*

The researchers referred to the COHERE guideline with regard to observational studies, which are used to record whether drugs prove effective under everyday conditions and with the help of which so-called real-world data is created. Dr Weiermayer emphasised: *It recommends the equal integration of humans, animals and the environment in publications. With a view to the future and to the 'Homeopathy goes One-Health' approach, this guideline, which has been available for observational studies in human homeopathy since 2020, has now been adapted for veterinary homeopathy. This will enable us to make a major contribution to evidence in integrative medical healthcare in the future. With regard to RTCs, our recommendations can be used to better plan, design, implement and report them in homeopathy. Special consideration must be given to the specific challenges of individualised homeopathy, including ways to replicate the individualised selection of homeopathic medicines and to reflect daily homeopathic practice. The replication of RCTs increases the credibility and recognition of the results by the scientific community. This enables the conduct of indication-specific systematic reviews and meta-analyses. And ultimately the inclusion of homeopathy in clinical guidelines, where it belongs.*

Read the prize-winning articles here:

Recommendations for Designing, Conducting and Reporting Clinical Observational Studies in Homeopathic Veterinary Medicine

<https://pubmed.ncbi.nlm.nih.gov/36929496/>

Recommendations in the design and conduction of randomised controlled trials in human and veterinary homeopathic medicine

<https://pubmed.ncbi.nlm.nih.gov/37393961/>



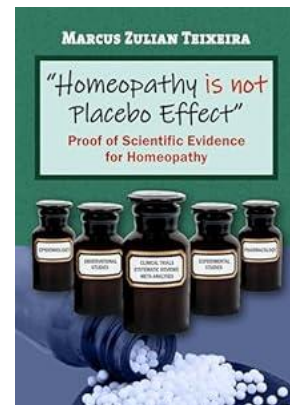
HOMEOPATHIE Une Autre Voie

The excellent French film HOMEOPATHIE Une Autre Voie is now available, with English subtitles, free to watch on YouTube. Do take time to look at it – it features past President Helene Renoux conducting a classic double-blind proving of Lebanese Cedar.

Watch it here: <https://www.youtube.com/watch?v=RwuD7ztcX7g>

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HOMEOPATHY IS NOT PLACEBO EFFECT: PROOF OF SCIENTIFIC EVIDENCE FOR HOMEOPATHY



In celebration of World Homeopathy Day. **Homeopathy is not Placebo Effect: Proof of Scientific Evidence for Homeopathy** by Marcus Zulian Teixeira is now available as an English edition of his work published last year in Portuguese.

In addition to the original EPUB-KINDLE-AMAZON format, this text is also now available in PDF format (open access) and indexed in VHL-OPAS-BIREME and USP OPEN BOOKS PORTAL databases.

With the support of the Brazilian Homeopathic Medical Association (AMHB) and the Brazilian Medical Association (AMB) in its publication and dissemination, the work updates and expands, in 13 interactive chapters, the lines of research described in the *Special Dossier: Scientific Evidence for Homeopathy (Cremesp Dossier, 2017)*, covering everything from homeopathic clinical epidemiology to pseudosceptic and pseudoscientific strategies used in attacks on homeopathy and, including among other topics, the pharmacological basis of the principle of similitude, experimental studies in biological models, randomised controlled clinical trials, systematic reviews, meta-analyses and global reports and observational studies.

Using the scientific method of collecting and analysing data, the work presents hundreds of experimental and clinical studies that support the principles, efficacy, effectiveness, efficiency and safety of homeopathic treatment, demonstrating that **there is scientific evidence in homeopathy** and that **homeopathy is not placebo effect**, demystifying the pseudosceptical fallacies disseminated by pseudoscientists.

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HRI – SAVE THE DATE!

HRI are delighted to announce that their next conference will take place in Greece's beautiful second city, at the [Makedonia Palace Hotel](#), Thessaloniki, from **20-22 June 2025**. The call for abstracts will be launched in September (submission deadline: **9 December 2024**).



DID YOU KNOW?

This newsletter is distributed to over 1,500 people across a wide spectrum of homeopathic disciplines not only in Europe but throughout the whole world.

Why not take advantage of this network to post job vacancies here and on the ECH website?

Contact the editor for further details – documentation @homeopathyeuropa.org



DATES FOR YOUR DIARY



**LUIMO and CeMON: XXVIII International Seminar of Homeopathic Medicine –
A journey into experience: autoimmune diseases
10-12 May, Naples, Italy**

Programme details – <https://www.luimo.org/news-luimo/788-xxviii-seminario-internazionale-di-medicina-omeopatica>

Register here – <https://cemon.eu/seminario-internazionale/>



Société Homéopathique Internationale
de Soins de Support en Oncologie

**6th Strasbourg Congress, Homeopathy in Integrative Oncology
28 -29 June, Clinique Sainte Barbe, Strasbourg, France**

Programme details – <https://www.shisso-info.com/wp-content/uploads/2024/03/Programme-du-6eme-Congres-de-Strasbourg-de-la-SHISSO.pdf>



**LMHI 77th WORLD HOMEOPATHIC CONGRESS: United to Keep Moving Forward,
2-5 October, Seville, Spain**

Full details and registration here – <https://lmhi2024.org>



ECH AUTUMN MEETING – Save the Date!

Saturday 16 November 2024, online

Plenary + GA, incl reports from Subcommittees and Working Groups

More details to follow



Faculty of
Homeopathy

**FACULTY OF HOMEOPATHY 100TH CONGRESS: *Integrative Medicine for a Sustainable Future*
21-24 November, Edinburgh, Scotland**

Full details and registration here – <https://www.facultyofhomeopathy.org/pages/Congress-2024>

Please note: Discount code for ECH members – ECHtake10



If you would like to submit an item to be considered for inclusion in the June issue, please send it to the editor at documentation@homeopathy europe.org by 20 May.