Dear Members,

In this month’s newsletter, we bring you:
- Official recognition for homeopathy by Belgium
- 2nd Anniversary of TCIH Coalition
- Notice of WissHom Congress
- Hungarian Homeopaths Unite
- The Scientific Basis for Integrative Medicine
- Homeopathy for Post-Lumbar Puncture Headache
- Invitation to join ECH Council
- Advance notice of HRI Greece in 2025
- Important dates for your diaries

Best wishes,
ECH PR & Communications Group
BELGIUM OFFICIALLY RECOGNISES
HOMEOPATHIC DOCTORS

Thanks to Erik Buelens, President of Pro Homeopathia, for permission to reproduce his short article from the international edition of their June newsletter.

The FPS Public Health, Safety of the Food Chain and Environment is sending out the first visas to officially recognise the status of homeopath!

Hats off to the Unio Homoeopathica Belgica and its secretary, Dr Léon Scheepers, for their decades-long fight for official recognition of the homeopathic profession. This is 25 years after the Colla Law was passed by Parliament in 1999 and 10 years after the Royal Decree of 2014!

Not all the visas have yet reached their destination. We must continue to hold the authorities to account. In particular, we have learned that the files of some homeopathic doctors have been lost in government archives, which is slowing down the issuing of the famous 'visa'. Other doctors have been contacted to send proof of their training in homeopathy, which most of them had already done in 2014. And some have received a message saying that their visa will arrive in about ten days’ time . . .

The TCIH Coalition was founded two years ago, and the link below is to an article published on their website which highlights their main achievements in the past year and encourages us to be even bolder in the future. TCIH thanks everyone for their unwavering support!

Read the article here –
WissHom Congress  ICE 24, 31 Oct – 2 Nov, Schloss Köthen (Anhalt)

Founded over 200 years ago and still an effective and popular treatment today, homeopathy will prove its worth in the future. Together, we are facing up to the challenges facing society and helping to shape the changes in the healthcare system in a positive way. How this will be possible raises many questions:

- How can proven knowledge be passed on and preserved through new teaching and learning formats?
- What importance will homeopathy play as part of integrative medicine in the design of diagnostics and therapy options in modern medicine and with increasing digitalisation in future generations?
- Which research methods can be used to answer the open questions posed to homeopathy?
- How will these questions be answered in the future?

Speakers to include:

- Josef Schmidt – What Does Homeopathy Mean and Why Do You Study it?
- Heiner Frei and others – Integrative Medicine and Homeopathy in Primary Care
- Susann Buchheim-Schmidt and Ralf Schwarzbach – Hahnemann and His Influence on Modern Pharmacy
- Madeleine Ennis – Workshop: Teaching Homeopathy – experiences, exchanges and development of ideas following my teaching concept in Belfast
- Stefan Baumgärtner – Homeopathy Research: Quo Vadis?

In addition to the invited speakers, participants will once again have the opportunity to present their research work, experiences, ideas and theses from research, teaching and practice in lectures and posters.

Young scientists, students and young doctors as well as those who have been in the profession for a long time are warmly invited to participate and present their work.

We look forward to welcoming you to an exciting programme in Köthen (Anhalt). Please note: the language of the Congress will be German.

Programme details and registration information here –
HUNGARIAN HOMEOPATHS UNITE UNDER HHMA UMBRELLA

Many medical homeopathic associations are facing drastically reduced numbers as members retire and fewer younger doctors undertake homeopathic training. Several groups are opening their doors to appropriately qualified non-medical practitioners. For some, this is controversial but others see it as a positive step, bringing together all who are working to promote homeopathy as a healthcare choice and support its further development in Europe. The latest country to embrace this change is Hungary, who are delighted to report that –

The April 2023 General Assembly of the Hungarian Homeopathic Medical Association (HHMA, the leading homeopathy association in Hungary representing homeopathic medical doctors, dentists, vets and pharmacists) unanimously voted to accept appropriately trained professional non-medical homeopaths to become full voting members of the Association . . . it will present us as a stronger, unified profession, in a much better position to affect positive changes in the legislation as and when this becomes possible . . . It is time for change, and we want to focus on strengthening our professional community ties first and foremost. Our sincere hope is that our example provides a precedent and model for other countries to follow in our footsteps and ‘unite in homeopathy’.

Read HHMA President Dr Adrien Gál’s statement in full here –

EXAMINING THE SCIENTIFIC BASIS FOR INTEGRATIVE MEDICINE

As ECH is examining how homeopathy can benefit from current trends in Integrative Medicine (and vice-versa!), three of our Italian colleagues have published the following article: The Scientific (but Also Logical) Basis for Integrated Medicine Gino Santini, Rosaria Ferreri and Francesco Macri Integrative Medicine Reports Vol. 3, No. 1, published online 28 May 2024

The authors examine Integrative Medicine, Evidence Based Medicine and care systems, and consider how homeopathy can fit into these to help to improve healthcare.

Read the article here – https://doi.org/10.1089/imr.2023.0035
Homeopathy in the treatment of headache following lumbar puncture
by Francesco Macri  OMEOPATIA33, 12 April 2024

Post lumbar puncture headache (PDPH, Post Dural Puncture Headache) is an event that may occur during a lumbar puncture performed for diagnostic reasons or during anaesthesia and is due to a lesion of the dura mater with consequent loss of cerebrospinal fluid (CSF) and reduction of pressure within its circulation system, with the loss of the normal cushioning effect provided by the CSF and traction on the structures of the Central Nervous System. Other probable mechanisms include a possible reflex dilatation of the vessels of the meninges.

The incidence is estimated between 4.6% and 11%, depending on the patient group studied, and factors related to patient characteristics (age, sex, body mass index) also play a role in its determinism, males, the elderly and the obese being more at risk. In general, the symptoms appear within 48 hours after the procedure and tend to resolve spontaneously in the following two weeks in more than 65% of cases; in the other cases, which represent a significant cause of suffering for the patient, a surgical approach may be resorted to, with the application of a TYPE of patch to stop the loss of CSF or its replacement, methods that are undoubtedly not without drawbacks.

The authors, in a study published in the journal Clinical Medicine Insights: Case Reports describe a series of 12 cases of PDPH in women aged between 24 and 46 who underwent lumbar puncture for various reasons and who, in agreement with the anaesthetists, were treated with homeopathic remedies supplied by the company Helios Homeopathy (UK). The choice of remedies was made by experienced homeopaths with repertorisation on the basis of the details of the symptoms presented by the patients and, in 9 out of 12 cases, the remedy of choice was Manganum used at 30CH dynamization. Kent’s repertory shows this picture with regard to Manganum: The patient lies down and everything ends. It cannot be found in every medicine. This is rare, strange and peculiar. Yet, look how general it is, it defines the whole nature of the sick man. Manganum is a wonderful remedy for bedridden women who like to lie quietly... In the nine patients treated, this finding of immediate and complete remission of symptoms (headache, nausea, vomiting and visual disturbances) in the supine position was indeed constant.

The authors, in conclusion, while underlining the interest of the report, hope that more structured studies with larger case series can confirm the effectiveness of treatment with homeopathy in cases of PDPH.

Clin Med Insights Case Rep, 2022, 15, 1

Read the abstract here –

Translated with www.DeepL.com/Translator (free version)
JOIN THE TEAM
CALL FOR CANDIDATES FOR ECH COUNCIL

Would you like to work for homeopathy in Europe? Do you want to be in touch with homeopathic colleagues all over Europe? Do you have ideas about how homeopathy in Europe could move forward? Do you have special skills, expertise or energy that you are able to make available for ECH? Join the ECH Council team!

Members of Council are elected by the General Assembly for a period of 4 years, which is renewable. All ECH members can be nominated to become Council members. Some members have come to the end of their terms of office but are eligible for re-election.

Vacant posts requiring to be filled:
- Coordinators for SCs Politics and Provings (to allow Jean Pierre Jansen and Natalia Tzima more time for their roles as President and Vice-President respectively)
- Treasurer (must have financial skills and competence)
- Joint Coordinators for SCs Education and Pharmacy (to assist Dora Pachova and Susann Buchheim)
- And, of course, anyone who can offer useful skills and some of their time is warmly invited to apply.

Please consider seriously whether you have skills and expertise to offer ECH. The elections will take place at the online General Assembly on 16 November 2024. There are six Council meetings per year and these are held on Zoom, apart from once a year when we have our ECH Spring or Autumn meeting. Feel free to contact a Council member for further information.

Applications should include a motivation letter, a short CV and a letter from the President of your Association, if appropriate, endorsing your candidacy. The deadline for applications is 15 September 2024 and they should be sent to – generalsecretary@homeopathyeurope.org

Join an amazing team and dare to have your say about homeopathy in Europe!

HRI – SAVE THE DATE!

HRI are delighted to announce that their next conference will take place in Greece’s beautiful second city, at the Makedonia Palace Hotel, Thessaloniki, from 20-22 June 2025. The call for abstracts will be launched in September (submission deadline: 9 December 2024).
DATES FOR YOUR DIARY

LMHI 77th WORLD HOMEOPATHIC CONGRESS: United to Keep Moving Forward, 2-5 October, Seville, Spain
Full details and registration here – https://lmhi2024.org
And see poster at end of newsletter

ECH AUTUMN MEETING – Save the Date!
Saturday 16 November 2024, online
General Assembly + ECH Academy Round Table on Biodiversity & Homeopathy,
plus reports from Subcommittees and Working Groups
More details to follow

Faculty of Homeopathy

FACULTY OF HOMEOPATHY 100TH CONGRESS: Integrative Medicine for a Sustainable Future
21-24 November, Edinburgh, Scotland
Full details and registration here – https://www.facultyofhomeopathy.org/pages/Congress-2024
Please note: Discount code for ECH members – ECHtake10

HRI GREECE 2025
20-22 June, 2025, Makedonia Palace Hotel, Thessaloniki
More details to follow shortly.

If you would like to submit an item to be considered for inclusion in the August issue, please send it to the editor at documentation@homeopathyeurope.org by 20 July.
77TH LMHI WORLD HOMEOPATHY CONGRESS

October 2-5, 2024
Seville, Spain

FIRST CENTENARY OF THE PROPOSAL OF THE LMHI CONSTITUTION 1924-2024

PHYSICIANS, PHARMACISTS, VETERINARIANS, DENTISTS, SCIENTISTS, AGRONOMISTS AND OTHER HEALTHCARE PROFESSIONALS.

“United to keep moving forward”

CONFERENCES, LECTURES, COMMUNICATIONS, ROUND TABLES, POSTERS, WORKSHOPS, VIDEO PRESENTATIONS, EXHIBITIONS, AND AN ATTRACTIVE SOCIO-CULTURAL PROGRAM

PRE-CONGRESS SEMINARS

SPECIAL COLLABORATION

EUROPEAN HOMEOPATHY COMMITTEE

THE SCIENTIFIC SOCIETY

European Homeopathy Patients Platform (EFPHA) and National Associations of Homeopathy Users

INFORMATION BARGELÓ CONGRESSES: Lmhi2024@bcacongresos.co http://lmhi2024.org