

# APRIL NEWSLETTER

Issue 4, 2024

European Committee for Homeopathy



Dear Members,

Wishing you a happy Spring! We look forward to seeing many of you at our ECH yearly meeting in Bergamo later month.

In this month's newsletter, we bring you:

- Countdown to our ECH Spring meeting in Bergamo
- ECHAMP infographic from their latest Annual Report
- World Homeopathy Day: 10th April
- Instructions for making up a remedy
- News from HRI: updated homeopathy FAQ
- Results from Covid-19 Case Collection
- *Materia Poetic: Homeopathy in Verse*
- Important dates for your diaries

Best wishes,  
ECH PR & Communications Group



## COUNT DOWN TO . . . ECH SPRING MEETING, BERGAMO, 25-27 April *Future-proofing homeopathy*



We look forward to an action-packed weekend, meeting up once more with friends and colleagues to exchange news and ideas, participate in the Subcommittees and Working Groups, listen to presentations, and just spend some quality time together in this lovely European city.

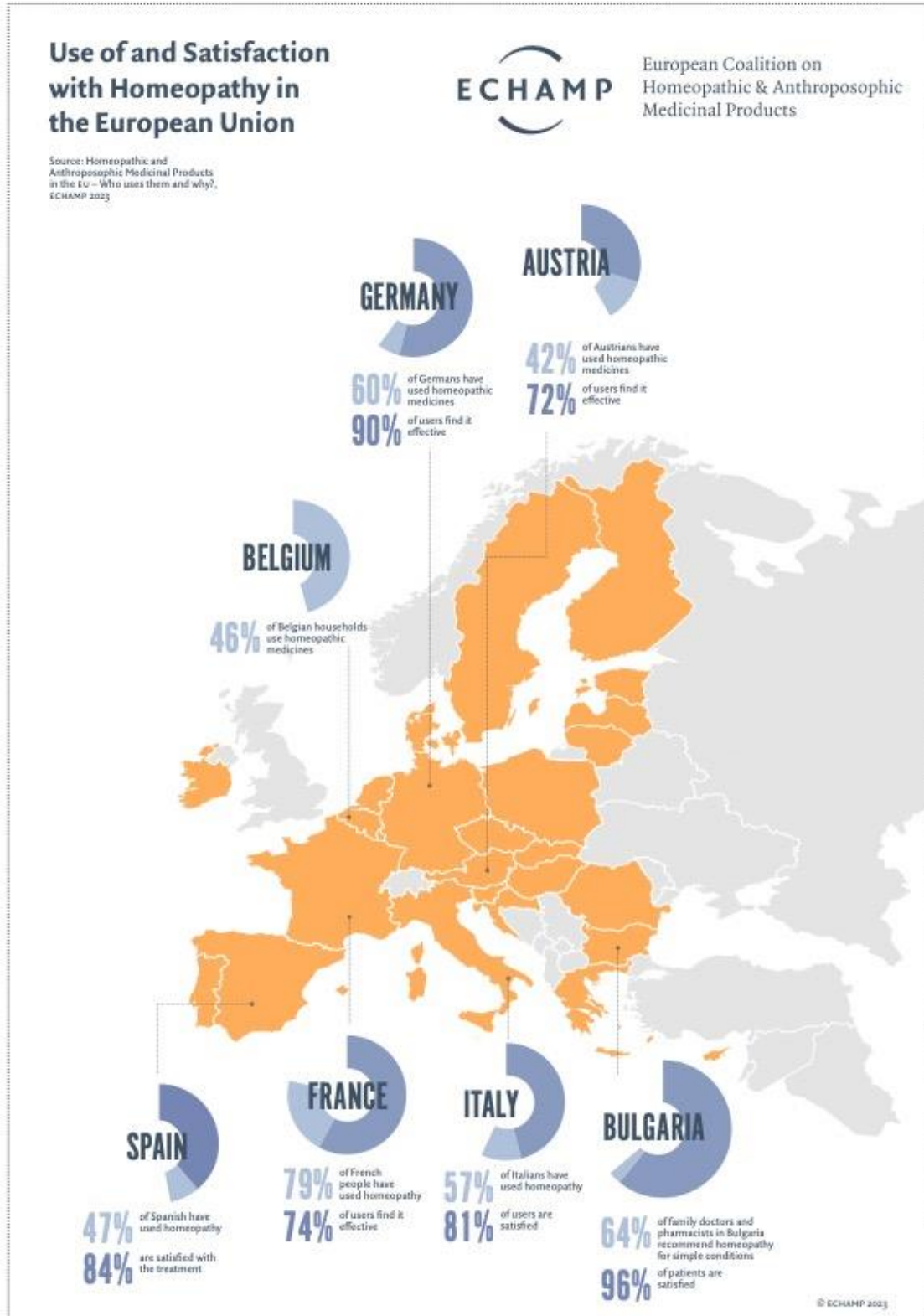
See the full programme here –

[https://mcusercontent.com/4748775642562c8590f61e415/files/07b95795-1716-c71c-89bb-1ec20dfe8e88/Bergamo\\_programme.pdf](https://mcusercontent.com/4748775642562c8590f61e415/files/07b95795-1716-c71c-89bb-1ec20dfe8e88/Bergamo_programme.pdf)

There's still time to sign up for the weekend – <https://na.eventscloud.com/790204>

## MANY THANKS TO ECHAMP

for permission to reproduce this fascinating infographic from their latest Annual Report



## WORLD HOMEOPATHY DAY 10 APRIL



Many homeopathic associations around the world have organised events to commemorate Hahnemann, remembering the day of his birth on 10 April 1755.

ECH is honoured that the Ministry of Ayush and the Indian Homeopathic Association have invited our President Jean Pierre Jansen and Education Subcommittee Coordinator Dora Pachova to be guest speakers at their event in Delhi.



### INSTRUCTIONS FOR MAKING UP A REMEDY!

And in our own tribute to the Master, we here reproduce a translation from the French of his letter to an unnamed patient. It includes some fairly complicated instructions for making up his remedy – thank goodness we have homeopathic pharmacists to do this for us today!

Paris 18 June 1837

Sir !

*I learn from your grateful letter of 8 June that my cares for your restitution have not been in vain, notwithstanding the very chronic state of your pain. This good news gives me hope to have still more success in the future especially if you continue with perseverance to observe the prescribed regime both in mixing with all wine 5 or 6 parts of water, or even a little more, and when you take some exercise by walking daily in the open air. You prepare the powder mixed with 15 tablespoons of drinking water in a bottle with an added filter, after having shaken it well, a long piece of charcoal, tied at the end with a wire which you leave coming out of the neck (which is) closed with a cork to be able to pull out the charcoal each time before shaking the bottle. From this preparation you will give each morning a teaspoonful of coffee in a second bottle filled with  $\frac{3}{4}$  of 6 tablespoons of pure drinking water which you take three times a day, after having shaken the bottle ten times, two tablespoons by mouth (morning, afternoon and before bed) to conform to this instruction each day.*

*When you one day feel a little overwhelmed, leave taking it for one or two days.*

*In wishing you the very best success, I greet you and your dear family both on my behalf and that of my dear Melanie with all my heart. Your faithful Samuel Hahnemann*

Reproduced from the archives of Hahnemann House Trust – <https://www.hahnemannhouse.org>



The new HRI FAQ on cost-effectiveness is now live and can be found here:

<https://www.hri-research.org/resources/homeopathy-faqs/is-homeopathic-treatment-cost-effective/>

In addition to the corrected [safety FAQ](#).

Publication of these two new FAQs was originally scheduled to coincide with an announcement in our Spring newsletter (due end of this month), but given the urgency of this topic, they have been made live now. Please feel free to use and share them with your colleagues as needed.



## RESULTS FROM COVID-19 CASE COLLECTION

*Homeopathy for Acute Viral Infections: A Bayesian Repertory for Reliable Use of Common Symptoms*  
Lex Rutten, Jose Eizayaga, Peter Gold, Raj K Manchanda, Anjali Miglani, Galen Ives  
Homœopathic Links 2024; 37(01): 011-016 DOI: 10.1055/s-0043-1778050  
published online Jan 10 2024

The recent COVID-19 pandemic opened an interesting window of opportunity for homeopathy. Some of the relevant assets observed as a result of the epidemic are the following:

- Specific combinations of common symptoms may indicate a medicine and is only partly dependent on the cause of the disease.
- Multi-organ involvement is not a problem; rather, it is an opportunity for medicine selection.
- Homeopathy is available worldwide and is immediately available in most countries.
- Homeopathic medicines are cost-effective and easy to produce and disperse.
- Safety of homeopathy has been established due to low dosage and experience of over two centuries.

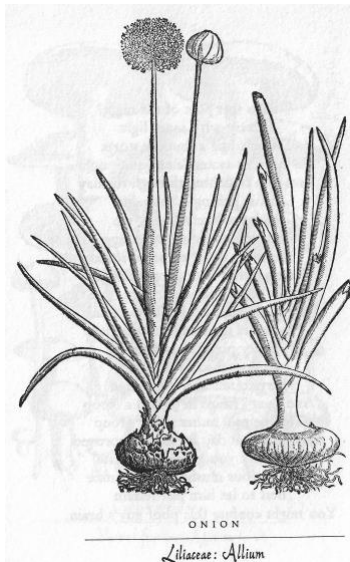
The authors have developed a Bayesian repertory and repertorisation app, available free of charge online. This is expected to lead to improve the effectiveness of homeopathic treatment and could be a showcase for homeopathic treatment based on systematic and reproducible data collection. Practitioners are invited to test the app in daily practice while treating acute viral infections and give feedback via the new button at the last screen of the app.

Read the article here – <https://www.thieme-connect.com/products/ejournals/abstract/10.1055/s-0043-1778050?device=mobile&innerWidth=980&offsetWidth=980>



## AND FINALLY . . .

Some readers may be familiar with *Materia Poetica, Homeopathy in Verse*, a beautifully produced volume of verses which describe the remedy pictures. We have been given kind permission by the author, Silvia Seroussi Chatroux to reproduce these in the newsletter. We begin with Allium Cepa



Oh, my Darling, don't you cry  
A flow of tears from your eye  
A runny nose of acrid fire  
Can burn the upper lip entire  
The room is warm  
Which makes things worse  
And in the evening it's a curse  
It all began inside your nose  
On the left these ails arose  
Spread to the ears, a headache rough  
The larynx burns with every cough  
Or in a babe you just might be  
A colic that grips painfully  
Allium Cepa, here you are  
Eating onions in the raw.

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## DATES FOR YOUR DIARY



**ECH SPRING MEETING: Future-proofing homeopath,**  
**25-28 April 2024, Bergamo, Italy**

Registration link –

<https://na.eventscloud.com/ereg/newreg.php?eventid=790204&cmid=24ddc5b2-5130-487e-9580-b47f1828907f>



**LUIMO and CeMON: XXVIII International Seminar of Homeopathic Medicine –**  
***A journey into experience: autoimmune diseases***  
**10-12 May, Naples, Italy**

Programme details – <https://www.luimo.org/news-luimo/788-xxviii-seminario-internazionale-di-medicina-omeopatica>

Register here – <https://cemon.eu/seminario-internazionale/>



**LMHI 77<sup>th</sup> WORLD HOMEOPATHIC CONGRESS: United to Keep Moving Forward,  
2-5 October, Seville, Spain**

Full details and registration here – <https://lmhi2024.org>



**Faculty of  
Homeopathy**

**FACULTY OF HOMEOPATHY 100<sup>TH</sup> CONGRESS: *Integrative Medicine for a Sustainable Future*  
21-24 November, Edinburgh, Scotland**

Full details and registration here – <https://www.facultyofhomeopathy.org/pages/Congress-2024>

**Please note: Discount code for ECH members – ECHtake10**



***If you would like to submit an item to be considered for inclusion in the May issue, please send it to the editor at [documentation@homeopathyeurope.org](mailto:documentation@homeopathyeurope.org) by 20 April.***